

Implementation of Personal Branding in the Career Development of Gen Z Employees

Fajar Syaifurrochman¹, Ahmad Munajim²

Universitas Islam Bunga Bangsa Cirebon, Indonesia^{1,2}

Email: syfajar28@gmail.com, hajiahmadmunajim@gmail.com

Abstract

The development of digital transformation has altered career development patterns in the modern workplace. Generation Z, as a new productive age group, possesses characteristics closely related to technology, social media, and personal branding culture. This study aims to analyze the implementation of personal branding in the career development of Generation Z employees within a professional workplace. A qualitative approach with descriptive methods was employed. Data collection techniques included in-depth interviews, observations, and documentation involving several Generation Z employees from service and digital creative sector companies. The results indicate that personal branding is an important strategy for building a professional identity, increasing self-confidence, expanding professional networks, and opening up career development opportunities. Professional social media platforms such as LinkedIn and Instagram serve as the primary means for shaping the professional image of Gen Z employees. However, personal branding implementation also faces challenges, including digital identity consistency, social pressure, and the need to adapt to organizational culture. This study concludes that personal branding significantly contributes to supporting the career development of Generation Z employees in the digital era. Therefore, companies should provide support through self-development training and professional digital literacy.

Keywords: personal branding, career development, generation z, social media, digital communication

Introduction

Digital transformation has brought significant changes to communication patterns and human resource development in the workplace (Elia et al., 2024). Advances in information technology encourage individuals to possess not only technical competence but also the ability to build a strong professional image in the digital space. In this context, personal branding has become a crucial strategy for individuals to build a professional identity and enhance career competitiveness (Amalia, 2024; Gadzali et al., 2023; Zulkifli et al., 2025).

The concept of personal branding has evolved with the increasing use of social media in professional activities. Personal branding is understood as the process of shaping public perception of an individual's abilities, values, personality, and competencies, strategically packaged to create a distinct identity (Khedher, 2014; Kolodyazhnay, 2021; Montoya, 2002). In the digital age, personal branding is no longer limited to public figures or influencers; it has become a professional necessity for modern workers, particularly Generation Z (Nolan, 2015; Parmentier et al., 2021).

Generation Z refers to individuals born between 1997 and 2012, known as digital natives who have grown up with the development of the internet and social media (Pramudya et al., 2025; Zahlimar et al., 2023). These characteristics make Generation Z more open to using digital platforms for self-actualization and career development. They

tend to use social media not only for entertainment but also as a means to build professional networks, demonstrate competence, and increase job opportunities.

The increasing use of LinkedIn, Instagram, and other digital platforms demonstrates that personal branding has become a crucial part of Generation Z's career journey. Many companies are beginning to consider a prospective employee's digital image as an indicator of professionalism and communication skills. This demonstrates that digital identity impacts both the recruitment process and an individual's career development.

However, implementing personal branding among Generation Z employees still faces various challenges. Some individuals lack a clear understanding of strategies for building a consistent and authentic professional image. Furthermore, there is the risk of social pressure arising from the need to consistently appear productive and professional on social media. A mismatch between digital identity and work reality can also affect an individual's credibility in the professional environment.

Although much research on personal branding has been conducted, most still focuses on influencers, public figures, or digital business owners. Research addressing the implementation of personal branding in the context of career development for Generation Z employees is still relatively limited, particularly from the perspective of organizational communication and individual experiences in the workplace. Therefore, this study is novel in positioning personal branding as a career development strategy for Generation Z employees in a modern professional environment.

This study aims to analyze the implementation of personal branding in the career development of Generation Z employees, determine the benefits of personal branding for professional development, and identify the challenges faced in building a professional identity in the digital era.

Method

This research uses a qualitative approach with descriptive methods. A qualitative approach was chosen because the research aims to deeply understand the experiences, perceptions, and meaning of personal branding from the perspective of Generation Z employees (Creswell & Creswell, 2023). The research was conducted at several service sector companies, digital creative agencies, and startups that employ Generation Z employees. Research informants were selected using purposive sampling with the criteria of employees aged 21–27 years who actively use professional social media to support career activities. Data collection techniques included in-depth interviews, observation, and documentation. Semi-structured interviews were conducted to obtain data related to personal branding experiences, professional social media use, career development strategies, and challenges faced. Observations were conducted on informants' digital activities on professional platforms such as LinkedIn and Instagram. Documentation was used to support data validity in the form of social media posts, digital portfolios, and informants' professional profiles. Data analysis was conducted using the Miles and Huberman model, which includes data reduction, data presentation, and conclusion

drawing. Data validity was achieved through source and technique triangulation to ensure the research results have a high level of credibility.

Results and Discussion

Personal Branding as a Professional Identity

The research results show that Generation Z employees view personal branding as a representation of their professional identity in the workplace. Informants stated that personal branding helps them demonstrate their competence, experience, and professional value to their companies and networks (B. Chen et al., 2019; C.-P. Chen, 2013).

Most informants use LinkedIn as their primary platform for building their professional image. They actively share work experience, certifications, achievements, and professional opinions to enhance credibility in their respective fields. In addition to LinkedIn, Instagram is also used as a personal branding platform using a visual and storytelling approach (Jacobson, 2020).

Personal branding is believed to increase self-confidence in building professional relationships. Informants felt that a positive digital image can increase opportunities for employment, promotions, and professional collaboration projects.

The Role of Social Media in Career Development

Social media plays a significant role in the career development of Generation Z employees. Informants revealed that the presence of professional social media facilitates access to job vacancy information, competency development, and professional networking.

Several informants obtained job opportunities through consistent personal branding activities on social media. Content that demonstrated design, communication, public speaking, and leadership skills attracted companies during the recruitment process.

Furthermore, personal branding helps individuals build a broader professional reputation without geographical boundaries. Generation Z employees utilize social media to attend webinars, engage in professional discussions, and build connections with industry professionals.

Challenges of Personal Branding Implementation

Despite its benefits, implementing personal branding also faces various challenges. Informants reported difficulty maintaining a consistent professional image on social media. The pressure to consistently appear productive and successful often leads to mental fatigue and social anxiety. Some also struggle to distinguish between their personal and professional identities, creating a dilemma in determining what type of content is appropriate to publish (Castells, 2010).

Furthermore, a company's organizational culture influences employees' personal branding freedom. Some companies have specific rules regarding social media activity, limiting individual professional expression.

The research results show that personal branding has become an important part of the career development strategy of Generation Z employees. This finding aligns with the development of digital communication, which places professional identity as an important asset in the modern workplace.

Generation Z is characterized by a natural affinity for technology, making it easier for them to utilize social media as a means of building a professional image. Personal branding serves not only as a self-promotion tool but also as a means of establishing a professional reputation and credibility (Gorbatova et al., 2018).

The use of LinkedIn as a primary platform demonstrates a shift in professional communication patterns in the digital age. LinkedIn allows individuals to build digital portfolios, expand their networks, and publicly demonstrate their competencies. From an organizational communication perspective, personal branding can increase an individual's visibility in the professional environment, thereby opening up greater career development opportunities.

The research findings also show that personal branding is closely linked to increased self-confidence and professional networking. Employees who consistently build a professional image tend to be more confident in interacting with colleagues and the company. This strengthens personal branding's role as social capital for career development.

However, implementing personal branding is not without its challenges. Social pressures stemming from a culture of digital productivity can affect an individual's mental health. Generation Z tends to feel the need to constantly maintain a professional image, making them vulnerable to emotional burnout.

Furthermore, the thin line between personal and professional life presents a challenge. Individuals need digital literacy skills to manage their digital identities wisely and authentically. Overly contrived personal branding can actually undermine public trust in the individual.

In an organizational context, companies play a crucial role in supporting the development of employee personal branding. Training in professional communication, digital literacy, and career development can help employees build a professional identity that aligns with organizational values.

This research provides theoretical contributions to the study of organizational communication and human resource development, particularly regarding personal branding among Generation Z. Practically, this research can serve as a reference for companies in understanding digital-based career development strategies.

Table 1. Personal Branding as a Professional Identity

Aspect	Findings	Impact
Professional Identity	Generation Z employees view personal branding as a representation of professional identity in the workplace.	Helps demonstrate competence, experience, and professional value.
Social Media Platform	LinkedIn is used as the primary platform, while Instagram supports visual storytelling approaches.	Enhances credibility and professional visibility.
Career Opportunities	Personal branding activities attract recruiters and professional networks.	Increases opportunities for employment, promotion, and collaboration.
Self-Confidence	A positive digital image improves confidence in professional interactions.	Strengthens networking and communication skills.
Professional Networking	Social media enables broader networking without geographical limitations.	Expands professional relationships and career development access.
Challenges	Difficulty maintaining a consistent professional image and separating personal-professional identity.	Causes mental fatigue, social anxiety, and digital identity dilemmas.
Organizational Influence	Company policies affect employees' freedom in personal branding activities.	Limits or supports professional self-presentation and online engagement.

Source: Data Processed

The table presents a structured academic table titled Table 1. Personal Branding as a Professional Identity." The table contains three columns: *Aspect*, *Findings*, and *Impact*. It summarizes research findings regarding the role of personal branding among Generation Z employees in professional environments (Labrecque et al., 2011; Shepherd, 2005).

The table explains several important aspects, including professional identity, social media platforms, career opportunities, self-confidence, professional networking, challenges, and organizational influence. The findings highlight that LinkedIn and Instagram are widely used for building professional credibility and expanding career opportunities. The table also shows that personal branding can improve confidence and networking skills, although it may create challenges such as mental fatigue, social anxiety, and difficulty separating personal and professional identities. Overall, the table visually illustrates how personal branding has become an essential strategy for career development and professional communication in the digital era.

Conclusion

Personal branding has become a crucial strategy for career development among Gen Z employees in the digital age. It is implemented through the use of professional social media to build professional identity, reputation, and networks. This research finds that personal branding offers benefits such as increased self-confidence, expanded networking, and enhanced career opportunities, while also facing challenges including

digital social pressure, maintaining a consistent professional identity, and adapting to organizational culture.

The study contributes theoretically to organizational communication and human resource development literature by focusing on personal branding as a career development strategy for Gen Z employees. Practically, companies are recommended to support employee personal branding through digital literacy and professional communication training, enabling employees to build an authentic and sustainable professional image.

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